



ADELONG PUBLIC SCHOOL

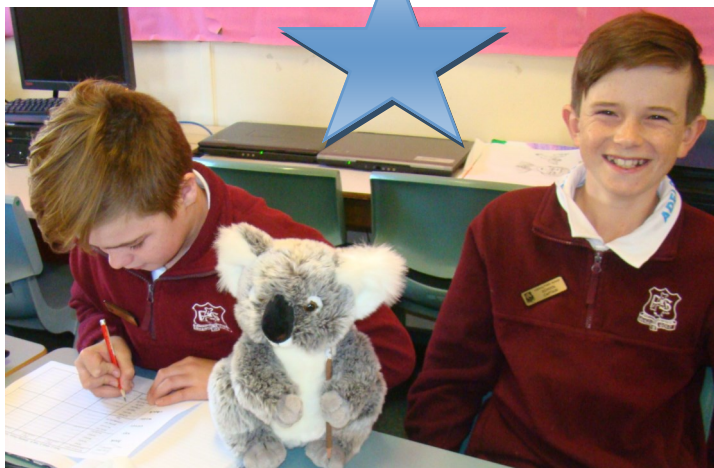
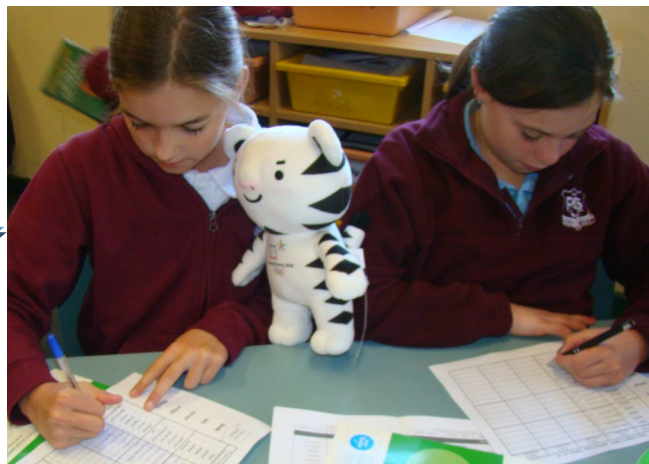
THURSDAY 25 MAY 2017

TERM 2 WEEK 5

Year 5/6 students have been participating in an Asian Connection Program with South Korea. Part of the program is where each class sends mascots to each other. Soohoroang came to visit a few weeks ago and has settled in with the Year 5/6 class.

Soohorang is the white tiger, now the trustworthy mascot for the Olympic Winter Games in 2018, has been long considered Korea's guardian animal. "Sooho" meaning protection in Korean, symbolizes protection offered to the athletics, Spectator's and other participants in the 2018 games. Rang comes from the middle letter of "Ho-rang-I," the Korean word for "Tiger".

Year 5/6 class have sent "Blinky Bill" to visit the students at Goseo Elementary School in South Korea. Our students will communicate with students in South Korea on a regular basis via video conference through out the year.



On Tuesday 23 May, the school leadership team attended A GRIP Student Leadership Conference at CSU in Wagga. GRIP is an acronym for Generosity, Responsibility, Integrity and People. The idea behind the acronym is that once a person has a 'grip' on all of these aspects, they will be on the way to becoming a good leader.

GRIP LEADERSHIP



The day was full of interesting and challenging presentations, as well as activities to help the children understand the need to be a positive role model, and to be involved in leadership in a responsible way. All the children participated with enthusiasm, and represented Adelong Public School extremely well. They also had lots of fun! Special thanks go to Heli Casey, Carinne Maher and Carl Walker for providing the transport for the children and myself. Mrs Beattie

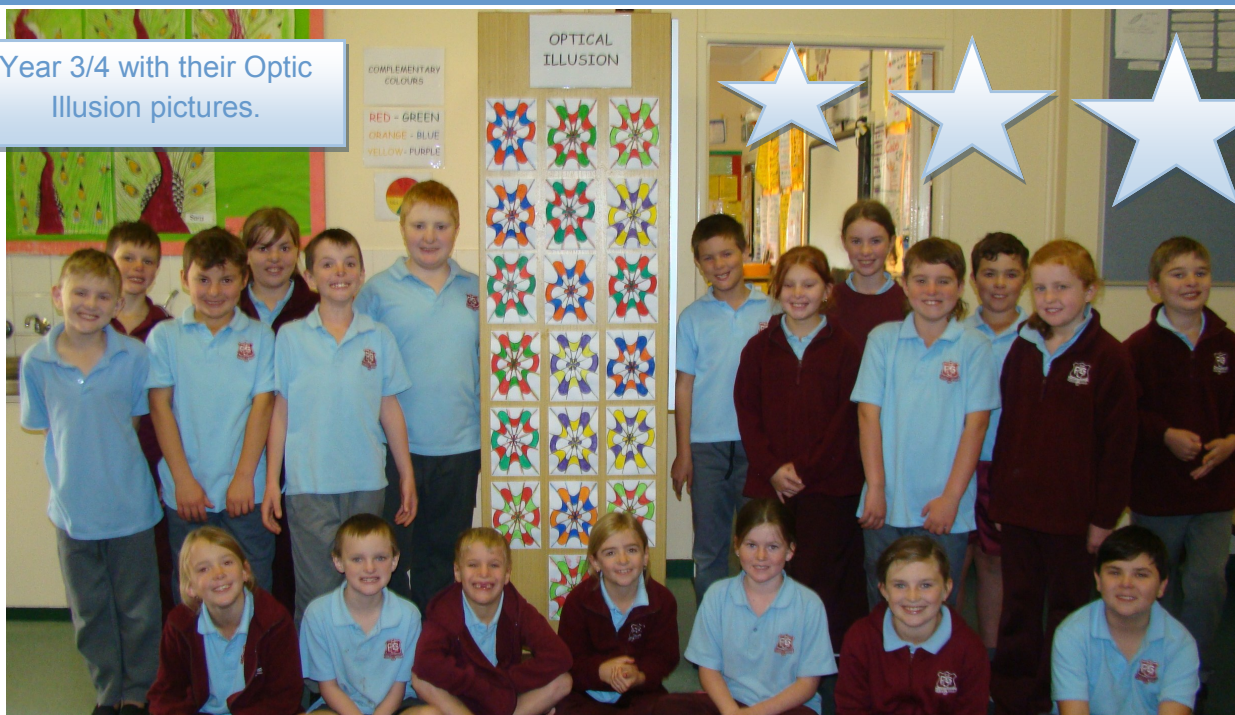
Justin Jones 'Jonesy'

On Wednesday, Years 3 – 6 travelled to Tumut to hear Justin Jones talk about his incredible journeys to the South Pole, and across the Tasman Sea. The children, along with many other school children in a packed Montreal Theatre, listened attentively about the many challenges of these exploits, and watched footage that showed just how difficult these trips were.

Justin (Jonesy) and his travelling companion, James Castrission (Cas) suffered through many trials, but what came across was their determination to support each other, never give up, and to keep problem solving to overcome each difficulty. Justin made it very clear that, with sound planning, persistence and dedication, we can all follow our dreams.



Year 3/4 with their Optic Illusion pictures.



Long Service Leave

Mrs Beattie is going on LSL from Monday 29th May and will return on Friday 16th June.
Mrs Julie Bedford will be taking Year 3/4 class.

Adelong Public School Radio News

Every second Tuesday

Tuesday 13th June

Tuesday 20th June

Tune in at 96.3, Sounds of the Mountains
at 10:30am

Newsletters

Copies of the newsletter are sent home on Thursdays with the eldest student in the family.

The newsletter is also posted on the School Website and the Skoolbag App. Newsletters are also emailed to families that have requested it. If you would like to be emailed a copy please supply your email address to school office.

Watch for new updates on our school website
www.adelong-p.schools.nsw.edu.au

P&C NEWS

Meeting for the new canteen menu was on the 24th to discuss how we will roll out the new mandatory rules that have been set by the NSW government.

These updated guide lines are trying to tackle obesity & diets low in nutrition. While canteen is only once a week, schools are being asked to help contribute to healthy habits & help reduce associated health risks that come along with poor food choices.

Our menu is already compliant with current rules but some small changes will need to be made before 2018.

The new system requires a minimum of 75% "everyday food" these include items from all food groups, multigrain bread options, low fat meats/cheeses as well as following the health star rating & portion control.

A Maximum of 15% of the menu can be made up of occasional foods such as pizza's, pies & sausage rolls.

Only a few things will be phased out in the future such a chicken nuggets & noodle snacks but for now the menu will stay the same.

Canteen Roster

26 May	Jessica Weaver & Toni Romeo
2 June	Heli Alkumaa & Maree Jamieson
9 June	Mandy King & Robyn Lovett
16 June	HELP NEEDED
23 June	Maria Contessa & Liz Smith
30 June	Kathryn Buttenshaw & Toni Romeo

Fundraising Meeting

A meeting will be held at the preschool on **June 7th at 6:00pm** to discuss ideas of a community fundraising event that would be shared between Preschool & the 2 primary schools. If you would like to get involved please come along.

APS Street Stall — Friday 9 June 2017

Donations of all saleable goods are much appreciated. If you can spare any time on this day please help out. Please fill in roster below and return to school.

8am-9am			12pm-1pm		
9am-10am			1pm-2pm		
10am-11am			2pm-3pm		
11am-12pm			3pm-4pm		

Sticky Beaks Lunch Box Order form Only available in blue

Student Name _____

Class _____

Number Of Wallets Required _____

Amount Enclosed _____

1 Wallet = \$10.50 2 Wallets = \$15.00

